

## **ETTU / ITTF Annual Coaching Conference 2019**

The EUROPEAN TABLE TENNIS UNION in cooperation with the TABLE TENNIS ENGLAND invites all European coaches to the ETTU / ITTF Annual Coaching Conference, which will be held in

**London, England, 30 October - 1 November 2019**

ITTF / ETTU Annual Coaching Conference is part of Development Program and it is primarily intended for all European coaches, but all coaches from other continents are welcome too.

### **PROGRAM**

DATE	TIME	DELIVERER	VENUE	PLAN
<b>30<sup>TH</sup> OCTOBER</b>	16:00	Table Tennis England and Greenhouse	Greenhouse Sport Centre	Introduction from Table Tennis England with delivery from Greenhouse
	17:00	Richard Prause	Greenhouse Sport Centre	'Plastic ball – Influence on the technique and tactics of table tennis'
	20:30	Check into hotel and dinner at hotel	Hotel	Dinner to be arranged at the hotel.
<b>31<sup>ST</sup> OCTOBER</b>	8:30	Pick up from hotel entrance	Hotel	
	9:00	Richard Prause	Greenhouse Sports Centre	Service / Receive in modern table tennis
	12:30	Lunch	Greenhouse Sports Centre	Local company to cater at the centre
	14:00	Benjamin Schmitz	Greenhouse Sport Centre	'Speed in High Performance Table Tennis / New Aspects of Weight, Coordination and Neuro Athletic Training'
	17:30	Return to hotel	Hotel	Dinner then
	19:30	River Thames Boat Trip		City cruise on the River Thames. Taking in the sights of London.
<b>1<sup>ST</sup> OF NOVEMBER</b>	8:30	Pick up from hotel entrance	Hotel	
	9:00	Alan Cooke / Matt Stanforth	Greenhouse Sports Centre	'Project 913 – Table Tennis England'
	12:00	Table Tennis England Closing		Finish

### Lecturers:

- **Richard Prause (GER) – DTTB Sports Director**
- **Benjamin Schmitz (GER) – DTTB Fitness Coach**
- **Alan Cooke / Matt Stanforth (ENG) – Table Tennis England Performance Team**
- **Jason Sugrue (ENG) – Greenhouse Sport Charity**

### Accommodation:

- Travelodge, London Kings Cross Royal Scot, 100 Kings Cross Road, London, WC1X 9DT
- [https://www.travelodge.co.uk/hotels/269/London-Central-Kings-Cross-Royal-Scot-hotel?utm\\_source=google&utm\\_medium=GHA\\_Organic&utm\\_campaign=GHA\\_London%20Central%20Kings%20Cross%20Royal%20Scot](https://www.travelodge.co.uk/hotels/269/London-Central-Kings-Cross-Royal-Scot-hotel?utm_source=google&utm_medium=GHA_Organic&utm_campaign=GHA_London%20Central%20Kings%20Cross%20Royal%20Scot)

### Costs:

- The price for the whole stay (full board and lodging in single occupancy): **EUR 180€ / day / person** (October 30th – November 1st 2019)
- The price for the whole stay (full board and lodging in double occupancy): **EUR 120€ / day / person** (October 30th – November 1st 2019)
- For 1 coach per National Association the full costs ***in double occupancy*** will be covered by ETTU. Note: The number of single rooms is limited and the difference of price has to be paid by the participants in advance. Participants are recommended to arrive at London Airport Heathrow / Gatwick
- Please note that organizer will NOT provide shuttle transport from / to London Airport (Heathrow / Gatwick). The simplest and the cheaper way to get from airport to centre of London is via the Heathrow Express. Details regarding the Heathrow Express can be found in the link below:

<https://www.heathrowexpress.com/tickets-deals/booking-tickets>

- Additional coaches are of course warmly welcome - the price for the whole stay is: Full board and lodging in single occupancy: **EUR 180€ / day / person** (October 30th – November 1st 2019)
- Full board and lodging in double occupancy: **EUR 120€ / day / person** (October 30th – November 1st 2019)



### **Payment:**

- The payment for participants not covered by ETTU shall be transferred directly to the account of the England Table Tennis Association not later than **25th of September 2019**.
- Cash and credit card payment upon arrival **will not be accepted**.

### **Bank Details:**

- **ENGLAND TABLE TENNIS ASSOCIATION**
- **Bank Name & Address: Natwest**
- **BIC Code: NWBKGB2L**
- **Iban: GB79NWBK60101560705078**
- **Quoting: ETTU Coaching on payments made**

### **Visa:**

If you need visa to enter England please send your request for invitation letter with copy(ies) of scanned passport(s) not later than: **Sunday 22nd of September 2019** to [aled.howell@tabletennisengland.co.uk](mailto:aled.howell@tabletennisengland.co.uk).

Table Tennis England requests that all candidates send a scanned photocopy of their passport with the following details included to support your arrival into the United Kingdom:

- Name, surname
- Nationality
- Passport Number
- Date of birth
- Contact e-mail address (in case contact needs to be made)

Please send to: **[aled.howell@tabletennisengland.co.uk](mailto:aled.howell@tabletennisengland.co.uk)**

Only the following participating countries need to apply for a visa to enter the United Kingdom however all participants **MUST** share a copy of their passport:

- **Egypt**
- **North Korea**
- **People's Republic of China**



Applying for a United Kingdom entry visa must be done via the following website:  
<https://www.gov.uk/standard-visitor-visa/apply>

Visa applications can be made up to 3 months before the date of travel and it is strongly advised that applications are made as early as possible, it can take up to 28 days for a visa to be issued.

To support coaches entry into the United Kingdom, Table Tennis England/ETTU will provide an 'invitation letter' to show why an individual is enter the UK. The letter will include the tournament dates, and location. It is good practise for invitation letters to be carried by all travellers when crossing the border as even with non-visa nationals Border Force Officials have the right to ask questions about the reasons for visiting the UK.

### **Entry:**

Entries and wishes for accommodation shall be sent no later than:

**Wednesday 25th of September 2019**

- by e-mail to: [aled.howell@tabletennisengland.co.uk](mailto:aled.howell@tabletennisengland.co.uk) and [coaching@tabletennisengland.co.uk](mailto:coaching@tabletennisengland.co.uk)
- Copy to ETTU – Zita Pidl – Project Consultant ([zpidl.ettu@gmail.com](mailto:zpidl.ettu@gmail.com))

### **Questions:**

- Concerning accommodation and payment: [aled.howell@tabletennisengland.co.uk](mailto:aled.howell@tabletennisengland.co.uk)
- Concerning technical program and participation: ETTU – Neven Cegnar ([ncegnar@gmail.com](mailto:ncegnar@gmail.com))

**Welcome to London!**